

ADULT LEARN TO SAIL



CYA Basic Cruising

Ideal for new sailors, upon successful completion of this course, you will be able to sail a keelboat up to 35 feet in moderate wind and sea conditions. Registration fee includes CYA Basic Cruising logbook and course book. Students will have the opportunity to write the Pleasure Craft Operator Card test during this course for an additional fee.

CYA Dinghy CANSail

This program is for Adults who want to learn how to sail in our 420 dinghies. Students will learn basic boat handling skills, water safety and sailing theory. Certificates will be awarded upon successful completion of a CANSail level.

Additional Courses

For more information regarding the following courses, please contact us.

- CYA Intermediate Cruising
- Pleasure Craft Operators Card
- CYA Coastal Navigation
- VHF Marine Radio License

Adopt-A-Boat

Any Associate or Resident member of the RHYC may participate in this time share program. Adopt-a-Boat members share a Shark with three other members and can reserve the boat in our scheduling book. Members participate actively in all aspects of boat storage and maintenance committing to approximately 25 hours throughout the season.

Prerequisites: CYA Basic Cruising, PCOC, and VHF Marine Radio License



Learn to Sail Associate Membership

Available for first time participants only, this special membership includes use for you and your family of all Club amenities including the bar, pool, and restaurant from June 1st to November 30th. While enrolled in one of our CYA Introductory courses you will also have the opportunity to obtain your Pleasure Craft Operator Card for. If other family members want to learn to sail, they are able to do so at the special member rate.



The Royal Hamilton Yacht Club

555 Bay Street, N.
905-528-8464

Youth: juniorsail@rhyc.ca

Adult: sailingschool@rhyc.ca



RHYC Youth Sailing

Who Are We?

The Royal Hamilton Yacht Club is a family-friendly club which boasts an active social and sailing calendar as well as an energetic membership. Our award winning Sailing School has promoted a lifetime interest in sailing for decades and celebrated its 50th anniversary in 2008.

The Instructors

All RHYC instructors are trained and certified by the CYA. In addition to providing comprehensive sailing instruction, each instructor has been trained in life saving and water safety programs.

What You Will Need

Participants require a Canadian Coast Guard approved personal flotation device, soft soled shoes, sunscreen, and a water bottle. Rain gear and a change of clothes may be necessary during inclement weather.



THE ROYAL HAMILTON YACHT CLUB SAILING SCHOOL YOUTH & ADULT PROGRAMS



YOUTH LEARN TO SAIL

Welcome to the Royal Hamilton Yacht Club's Sailing School program, we provide a safe and fun environment for youth of all ages to learn to sail! Join us for a two week session in July or August to learn the fundamentals, improve your skills, or join one of our racing programs. The RHYC Sailing School is a certified CANSail teaching center and a proud partner of the Canadian Yachting Association.



Able Sail

This program is designed for individuals who require more support in order to sail due to a disability. The RHYC provides boats to accommodate sailors needs. Please contact us for more information on Youth and Adult programs.



Discover Boating

Tailored to children 6-8 years of age, Discover Boating is an introduction to sailing in order to build confidence on the water. We work hard to create a fun environment with a strong emphasis on water safety. Students will participate in swimming lessons, crafts and on-water games!

CANSail 1 & 2

The introductory levels of the CANSail program establish the basic knowledge and skills needed to sail. By the end of the program new sailors will be proficient in boat handling and sail control as well as acquire a fundamental understanding of knots and basic terminology.

Courses Offered: Youth CANSail 1 & 2
Ages 9-12 (Optimist Pram)
Teen CANSail 1 & 2
Ages 13- 17 (420 Dinghy)

CANSail 3 & 4

This program builds upon the fundamental skills established in CANSail I & II. Sailors will develop advanced boat handling skills, learn how to trapeze, and fly spinnaker in the 420 dinghy. Students will also be introduced to the basic racing skills needed to compete in club race-nights.

YOUTH RACING PROGRAMS

Optimist Racing



Optimist Development

This program is for younger sailors who have completed CANSail II and demonstrate a keen interest in racing. This course focuses on improving boat-handling and reinforcing proper technique. Fundamental racing theory and tactical skills will be introduced at this level. Sailors will attend local regattas and race-nights to apply their skills and knowledge in competition. This program is offered in one month sessions

Optimist Race Team

Sailors with prior racing experience commit to a full summer working towards improving their racing skills. This team attends several regattas throughout the season requiring dedication from both the sailor and parents. Team members will be required to participate in a fitness and nutrition program tailored to their age group.

CANSail 5 & 6 Race Team

The RHYC Racing program is a comprehensive course for sailors 14-18 years of age who are interested in beginning a racing career or continuing to develop their racing skills. The course is taught in single and double-handed boats including 420, Laser, and Radial.

This program requires a high level of commitment for both athletes and parents. Sailors participate in a fitness and nutrition program in addition to daily on water training and theory instruction. Parents are an important part of the team and are expected to chaperone and/or tow trailers to regattas.



Spring & Fall Training

Spring and Fall Training programs are an excellent opportunity to extend your competitive sailing season. Offered for both new and seasoned racers alike, working on a range of skills in a variety of wind conditions. Optimist, 420, Laser, Radial, and 29er sailors are invited to participate.